



**Chair Height Adjustment.** The overall height of the chair is adjusted by lifting the lever located below the front of the seat on the right hand side. Lift your weight off the chair allowing it to rise and release the lever at the desired height. To lower simply lift the lever.



**Synchronised Recline Adjustment.** The synchronised recline of the seat and back is unlocked by rotating the hand control below the seat on the front, left-hand side. Please be aware that there is a safety feature that requires you to lean gently into the back before it will release. The back can be locked in any of five positions or left unlocked to follow your movements. The tension of the recline is adjusted by rotating the hand control knob located below the seat on the front, right hand side.



**Back height adjustment.** The back height is adjusted by lifting it up a step at a time for correct positioning of the lumbar support. When the back reaches the top of its travel it will then drop back to the start position.



**Seat depth Adjustment.** The seat depth is adjusted by pushing in the button located in the middle of the right hand side of the seat. Slide the seat forwards and release the button to lock in desired position.



**Inflatable Lumbar Support.** The inflatable lumbar support is adjusted using the hand bulb hanging under the left-hand side of the seat. Squeeze the bulb to inflate and press the button on the bulb to deflate.



**Height And Width Adjustable Arms.** The height adjustable arms have a button located on the outside face of the upright support. Press this in, set the arm at the desired height and release the button to lock. The arms adjust for width by unlocking the paddle at the base of each arm, sliding the arm outwards and then lifting the paddle to lock in position.



**Folding Adjustable Arms.** If the chair is fitted with optional folding adjustable arms these have a button located half way down the outside of the post to adjust the height and a second button at the bottom to allow the arm to be rotated backwards, out of the way.



**Sliding Arm Pad.** The optional sliding arm pad can be unlocked by depressing the button located on the edge of the pad.